



École Élémentaire Casorso Elementary School

Weekly Howl – December 5th, 2025

250-870-5135

School Web Site – <https://cas.sd23.bc.ca/>



WEEK OF December 8th, 2025

MONDAY 8th

TUESDAY 9th

WEDNESDAY 10th

- 8:30 am - Pitt's class walking to KLO Middle School
- 1:45 pm - Roots of Empathy visits Casorso

THURSDAY 11th

FRIDAY 12th

- Coyote Friday - Wear Your T-Shirt!
- 8:45 am - Gr 5/6 Classes walking to MNP Skating (Richardson, Friesen, Ezzard, Vandervoort & May)



SAFE DROP OFF & PICK UP TIMES

Supervision Begins: 8:10 am
Supervision Ends: 2:45 pm

OFFICE HOURS
8:00 am- 3:00 pm



Our office, *and therefore the school*, is accessible and open, between these times. During these hours, office staff are available to assist both students and families as necessary.

2025 Winter Concert Updates

Dear Parents/Guardians,

Mme Mireau and our staff continue to prepare all our students for their upcoming Winter Concerts in December. Students have been working very hard and practicing getting things just right! This message contains important information about who, when, and where to see your child or children in concert this season.

Where: All concerts will be held in our school gymnasium this year. Parents can access the gymnasium through the double doors beside the music room. Doors will open 20 minutes before showtime.

When: Our concerts will be held over three days in December:

Grades	Date	Time	Show
Grades K & 1	Wednesday, December 17 th	6:00 – 6:45 pm	Choral Singing 'Winter Fun'
Grades 2 & 3	Thursday, December 18 th	Show 1: 12:30 – 1:30 pm Show 2: 6:00 – 7:00 pm	Musical 'A Christmas Carol' Musical 'A Christmas Carol'
Grades 4, 5, & 6	Friday, December 19 th	12:30 – 1:30 pm	Choral Singing 'Winter Season Sampler'

Who's Invited: We are asking that only parents and guardians, and accompanying siblings, attend our winter concerts this year. Unfortunately, seating in our gymnasium will be limited by the maximum occupancy set by our Fire Commissioner meaning we are unable to accommodate extended family. If there are special circumstances that require people other than immediate family attend, please feel free to discuss this ahead of time with school administration.

We Hope You Enjoy The Show!!

“CAS – Putting Our Paws Together To Make A Difference!”



Support families in our community
Casorso Holiday Hampers

Tis the Season of GIVING!

We are collecting items from Dec. 1st -Dec. 12th
(non-perishable food and small gifts)
Look for the BINGO grid of items from your child's teacher



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ROOTS OF EMPATHY 2025 - 2026



Arthur has begun visiting Mrs. Jaworski's grade 2 class this year as a part of Roots of Empathy.

The goals of the program are:

- To foster the development of empathy
- To develop emotional literacy
- To reduce levels of bullying, aggression, and promote pro-social behaviours
- To increase knowledge of human development, learning, and infant safety
- To prepare students for responsible citizenship and responsive parenting

Started in 1996, Roots of Empathy is an evidence-based classroom program that has shown significant effect in reducing levels of aggression among schoolchildren while helping them develop social/emotional competencies and increasing empathy. At the heart of the program are a neighborhood infant (Arthur) and parents who engage students in their classroom. Over the school year, a trained Roots of Empathy Instructor guides the children as they observe the relationship between baby and parent, understanding the baby's intentions and emotions. Through this model of experiential learning, the baby is the "Teacher" and a catalyst, helping children identify and reflect on their own feelings and the feelings of others. To learn more about the Roots of Empathy Program, click [here](#).

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A FEW EXTRA SNACKS IN LUNCHES

We have been noticing that some of our students are coming to the office to let us know that they are still hungry after they have finished eating their lunch. Now that the colder weather has arrived, we ask that you and your child pack a few extra healthy snacks each day to keep their growing bodies fueled! This includes fun lunch or hot lunch days as well...thank you!

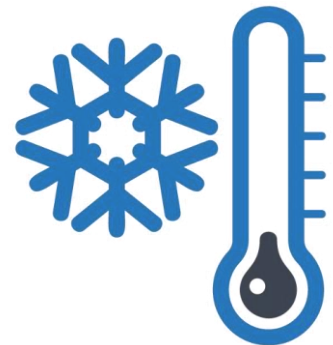


A gentle reminder that our school is making every effort to be a **PEANUT / NUT AWARE** environment. We have students with life threatening nut sensitivities. Thank you in advance for your help by not sending peanut / nut products to school to keep everyone as safe as possible.

Hello, Casorso Families:

*Cooler, wet weather has arrived along with a dip in temperatures. **Please ensure** that your children bring that **extra sweater or coat** so that they can enjoy the outdoors on our school play area at lunch and recess. Also, an **extra pair of dry pants and dry socks** would be appreciated... for all our students!*

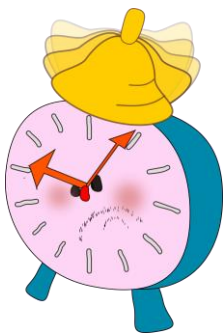
Thank you!



IN SUPPORT OF BEING ON TIME

Our school places an emphasis on being on time. It is very helpful and adds success to each child's day when all students are seated by the second bell and classroom instruction can begin without interruption. Arriving on time sets up all our students for success. Thank you in advance for your support and cooperation with this goal. If your child arrives late, please ensure that they report in at the Office before going to their classroom.

Please also remember school ends at 2:30pm and there is supervision in the playground until 2:45pm. If there is a later pick-up, please have your child wait at the front of the school or in the waiting area by the office.



PARENT ADVISORY COUNCIL NEWS

Website: <https://casorsofamilies.weebly.com/> Email: cas.pac@sd23.bc.ca

HAPPY WINTER!

The Casorso PAC is hosting the next general meeting on: **Monday, January 12th**, from **6:30 to 8:00 pm**, in the Casorso Library. All parents/guardians are welcome and encouraged to attend. Childcare and snacks will be provided.

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The PAC is made up of all parents and guardians of Casorso students. Get involved by joining our meetings, volunteering, or simply donating. Together, we can help Casorso Elementary thrive. Let's make our school the best it can be! Watch this 1-minute video to learn how you can support our children's education at Casorso by supporting the PAC:

<https://vimeo.com/1072237238/386ea62f43>

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The Casorso PAC has an ongoing fundraiser with the **Columbia Bottle Depot**. Bring your returnable items in a transparent plastic bag. Print a label using our PAC account **ID #BBP7X** to raise money for our school.

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NATURE'S FARE Fundraiser:

DETAILS: *Nature's Fare (120-1876 Cooper Road) gives Casorso 3% back when you make a purchase.*

HOW-TO: *Collect your receipts and drop them off at the school office.*

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HOT LUNCH Term 2: Ordering is open from November 26th through to December 19th!

PLEASE SEE BROCHURES BELOW FOR ADDITIONAL INFORMATION

1. The Strong Roots Centre, Nourish Connection – POSTER
2. Ministry of Education and Childcare: ERASE – POSTER
3. City of Kelowna: Family Holiday Skate – POSTER
4. Kelowna Speed Skating – POSTER
5. UBC Winter Stem Camp – POSTER

“CAS – Putting Our Paws Together To Make A Difference!”

NOURISH CONNECTION

FOR PARENTS WITH CHILDREN 6-13 YEARS OLD

THE PROGRAM

Join us for a free, community-based parenting program inspired by the work of Dr. Deborah MacNamara. Each week features a short video or podcast clip from Dr. MacNamara, followed by guided discussion and practical strategies to support connection, emotional development, and confidence in parenting.

This program is available for any Central Okanagan parents, with children between 6-13 years old. Weekly attendance is expected.

Content is inspired by the publicly available work of Dr. Deborah MacNamara; she is not participating in or overseeing this group.

DATES AND INFO

Fridays from 12:30pm-2pm, beginning January 9th.

To register, please visit our website or scan the QR code.

THE GOAL

To help parents strengthen connection, understand behaviour, and support their child's emotional development.

THE TOPICS

- Understanding Attachment & Connection
- Guiding Big Emotions & Frustration
- The Power of Play in Development
- Separation, Anxiety & Emotional Safety
- Tears, Tantrums & Emotional Expression
- Boundaries, Leadership & Gentle Discipline
- Creating Restful, Calm Family Environments
- Resilience, Repair & Belonging



The Strong Roots Centre

Childhood Connections

www.childhoodconnections.ca

Information for Parents and Caregivers

Resources to support you and your child



Register for free training

Tips to protect children
and youth online



Have a conversation

Talk with children and
youth about things they
may be experiencing

What kind of information can I find on erase.gov.bc.ca?

- **Practical guidance** to help you support your child's safety and well-being
- **Resources and information about:**
 - Diversity and inclusion
 - Mental health and substance use
 - School and online safety
- **Free training sessions** to help you keep your child safe online
- **Videos** explaining erase, the Report It Tool, and safe, caring and inclusive schools
- **Tips** for bringing concerns to your child's school

What is the Report It Tool?

Report It is an **anonymous online tool** for **students** to report anything concerning to their school safety team—whether it happens at school, online, or somewhere else. Find it at erase.gov.bc.ca.



Questions? Reach out to your school to learn more.



Ministry of
Education and
Child Care



Family Holiday Skate



Sunday, Dec. 14
1 - 3 p.m. at Rutland Arena

Join in on some free family fun!

Skating, treats, games, door prizes & more!

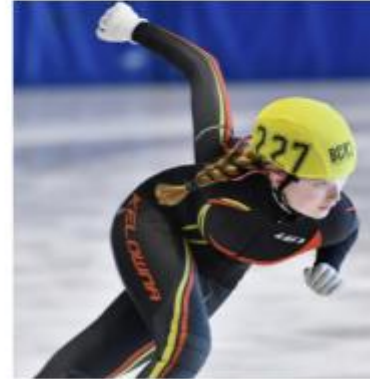
Admission is free, but donations to the food bank are greatly appreciated.

kelowna.ca/calendar



“CAS – Putting Our Paws Together To Make A Difference!”

FEED YOUR NEED FOR SPEED



***Supportive coaching, friendly
teammates, fun racing
opportunities, team spirit,
excitement and adrenaline!***

All ages and experience levels welcome!!

Check out our Facebook page or email
kelownaspeedskate@gmail.com for registration info

*** FREE Try-It Session Dec. 15th @ MNP Place ***

WWEST



THE UNIVERSITY
OF BRITISH COLUMBIA

iSTAND
for Diversity in STEM

WINTER STEM CAMP

Looking for some fun during the Winter Break?

Join the WWEST team for a fun-filled, Science, Technology, Engineering and Math (STEM) based camp! This camp will engage youth aged 5-10, in winter-STEM themed activities ranging from technology to neuroscience, alongside indoor and outdoor movement breaks!

Daily registration means you can choose 1, 2, 3, or all 4 days of camp!

December 29, 2025-January 2, 2026

*(no camp on January 1, 2026)

8:30am-3:30pm

UBC Okanagan

ARTS Building 1147 Research Road



\$55/youth/day

TO REGISTER VISIT: wwest-cwse.ca
or scan the QR code



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