



École Élémentaire Casorso Elementary School

Weekly Howl – May 3rd, 2024

250-870-5135

School Web Site – <https://cas.sd23.bc.ca/>



WEEK OF May 6th, 2024

Anti-Idling Challenge: All Week!

MONDAY 6th

- 9:00 am - Intermediate Track Meet (Apple Bowl)

TUESDAY 7th

- 2:45 pm - Movie Night: Oliver and Company
Hosted by Grade 6 Leadership (Casorso Gym)

WEDNESDAY 8th

- 9:45 am - Sookocheff to Mission Creek Park

THURSDAY 9th

FRIDAY May 10th

- Coyote Friday - Wear Your Coyote T-Shirt!



SAFE DROP OFF & PICK UP TIMES



Supervision Begins: 8:10 am
Supervision Ends: 2:45 pm

OFFICE HOURS 8:00 am 3:00 pm



Our office, and therefore the school, is accessible and open, between these times. During these hours, office staff are available to assist both students and families as necessary.



CASORSO TRACK AND FIELD – INTERMEDIATE STUDENTS:

Our Apple Bowl day is this coming **Monday, May 6th** where all of our Intermediate students (Gr 4, 5 & 6) will participate in track and field events with South Kelowna Elementary. Please be sure that you child brings the following to school on Monday morning:

labelled water bottle packed lunch sunscreen hat
wear their team colour.....and dress for all types of weather!

WALKING CHALLENGE: WRAPS UP!

Thank you to everyone for taking part in **Step it Up**: Casorso's one-week walking challenge! Our apologies for any frustration caused by some of the pedometers not working correctly. It was wonderful to see so many students active on their way to and from school. We couldn't have done this challenge without support from teachers, administration and parents - thank you for encouraging active transportation! Please keep walking and rolling to and from school and contribute to safer streets, cleaner air and healthy kids.

The **Anti-Idling Challenge** is happening all next week (May 6th through May 10th) and we are still asking students to walk, bike or roll to school! Another pizza party will be provided to the class with the most participation!

"CAS – Putting Our Paws Together To Make A Difference!"

MOVIE NIGHT: OLIVER AND COMPANY!

Our Grade 6 Leadership Group is organizing a movie night (from 2:45 pm to 4:30 pm) in the gym on **Tuesday, May 7th**. The funds raised will go to the BC Cancer Society. Admission is \$5.00 per student and they must be purchased via School Cash Online <https://centralokanagan.schoolcashonline.com/> **Tickets can be purchased until *midnight, tonight: Friday, May 3rd***. For more information, please see the poster attached to this Howl.

STP Follow-up Survey & Pollution Pit Stop

Idling Awareness Campaign

For the school's staff, parents and students.



As part of the School Travel Plan (STP), you may have noticed several infrastructure improvements around the school in the past few years. We appreciate your feedback on the progress made through a follow-up survey. Also, as part of the STP action plan, we would like to bring idling awareness to the school community.

WHAT IS IDLING? And why does it matter?

Idling refers to leaving a vehicle's engine running while stationary, such as during drop-offs and pickups. Not only does unnecessary idling waste fuel and contribute to air pollution, but it can also expose our children to harmful pollutants, impacting their health and air quality.



Did you know?

Air pollution is the most important environmental contributor to poor health and premature death

Source: Worldbank.org

HOW YOU CAN HELP

Here's how you can get involved:

Take the Pit Stop Pledge: Join us by pledging not to idle when your vehicle is stopped for more than 60 seconds -- except in traffic. By signing the pledge, you're contributing to cleaner air and giving your child's classroom a chance to win!



Invite friends and family to take the pledge from **April 26 to May 12, 2024**. Provide the school's name and your kids' grade. The grade with the highest number of pledges **will win a pizza lunch**.

Participate in the Casorso Follow-up Survey: Parents and staff, please share your thoughts on the progress. You can win a \$50 gift card. Open until **May 12, 2024**.



Visit the Pollution Pit Stop page for more information about the harmful impacts of vehicle idling and how you can help make a positive difference in our community.



WHY YOUR PARTICIPATION MATTERS

We need your support to reduce idling and improve air quality around our school. Collectively, small changes can make a big difference. By reducing idling, we can:

- Contribute to healthier air for our children and our community
- Save fuel and money
- Reduce air pollution for a cleaner environment



TRAFFIC SAFETY AT CASORSO

Dear Parents and Guardians,

Many of our students are making their own way to and from school each day, and therefore need to take great care when crossing roads and in the vicinity of traffic. It has come to our attention that there have been several recent incidents where commuters around the school have experienced our students making poor choices with respect to pedestrian safety. This message is a request that parents please take time to review all the safety tips and guidelines necessary to make the trip to and from school as safe as possible:

A Guide for Parents

- Teach your child how to cross the street
- Ensure your child has identification and emergency numbers in their backpacks
- Practice with your child. Choose the safest route to school with the least number of crossings
- Practice what each street sign means on the route to school
- Observe what it is like to cross at the eye level of your child
- Walk where there is good visibility for your child to see traffic and to be sure the drivers can see your child
- Don't let your child walk alone until you feel they are ready

Safety Tips for Kids

- Do not play on sidewalks
- Always look left, right, left before crossing
- Always wait until there is no oncoming traffic before crossing
- Walk, don't run across the street
- Wear bright colored clothes with reflective tape
- Pay close attention to your surroundings
- Walk with a buddy whenever possible
- Avoid using secluded shortcuts
- Cross at a cross walk and follow the instructions of the crossing guard or the walk/don't walk signal while preparing to cross the street
- Don't walk while using ear buds, texting, or doing anything else that may prevent you from hearing traffic or distract your attention
- If a car stops to ask for directions or for help finding a lost pet, never approach the vehicle
- Never take rides from strangers, or even people you know, without permission from your parents
- If someone calls out to you, approaches you, or makes you feel uncomfortable, quickly get to the nearest adult you trust and tell them what happened



Thank you for helping keep everyone safe!

Jared Birkeland, Principal
École Élémentaire Casorso Elementary School



"CAS – Putting Our Paws Together To Make A Difference!"

HELP NEEDED FOR OUR UPCOMING SPRING SHOW!

Mme Mireau and our Intermediate Students are in full production mode for our upcoming Spring Show, **"OLIVER! Junior"**! If you are able to help out, please consider volunteering with the following:

- We are still looking for someone with a truck and small trailer/flat deck (about 15feet) to haul our equipment from CAS to the Church on Friday, May 10th and someone to do this on Friday, May 17th from the Church back to CAS.
- In addition, we need a few strong arms and backs to lift and load staging and risers at Casorso, and then unload them at Evangel Church the morning of May 10th. We will need the same or a second group of volunteers on May 17th in the morning to load staging and risers at Evangel and returning them back to Casorso. If you can be available to help out on both or either of these dates, please contact Kirsten at kirsten.kurjata@sd23.bc.ca or check in with the office or Mme Mireau.

Thank you so much for supporting our Spring Production!



Celebrating Earth Day in the Casorso Garden

Our school celebrated **Earth Day** this week by spending some time out in our school garden. There was a lot to be done to prepare it for the upcoming growing season. Classes took turns weeding the garden boxes and doing a scavenger hunt to determine the differences between weeds and plants we want to keep. We already have a good crop of parsley that is almost ready to go.



There are a few things that we could use your help with...

- If anyone is handy, **two of the boards need replacing**
- We are in need of **1 yard of Glengrow** from the City of Kelowna landfill if you have the time and a truck
- If you have **extra seeds or seedlings** you would like to share, please send them with your child.
- We are looking for a **support structure** for beans and peas

In order to maintain the garden over the summer months, we would like to propose and pilot more of a "community" garden plot where families sign up to maintain the garden and enjoy the bounty that it will bring. This would be similar to the Community Gardens that are throughout the city. Many families do not have access to garden space for vegetables, so this would be the perfect option and a wonderful family learning experience.

If you have any of the items we are looking for, or are interested in signing up to be part of our community garden for the summer, please email Leigh-Ann Yanow at

leigh-ann.yanow@sd23.bc.ca

CENTRAL OKANAGAN PUBLIC SCHOOLS' INDIGENOUS EDUCATION COUNCIL

The Central Okanagan Public Schools' Indigenous Education Council is seeking two (2) interested Indigenous parents, family members, or caregivers to serve as members of the Indigenous Education Council (IEC) and support the restart of the Indigenous Parent and Family Council. **Please see the attached letter to learn more about the IEC and Parent and Family Council.**

The Royal Soccer Club, a registered non-profit community organization, is proud to host their 32nd annual grassroots summer day camps. The program is designed to promote personal development, team building and of course, FUN! Uniquely designed to offer a more soccer focused morning with a leisure swim with other organized activities in the afternoon. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit royalsoccerclub.com or call 1-800-427-0536. Also, see the poster attached to this Howl.

PARENT ADVISORY COUNCIL NEWS

Website: <https://casorsofamilies.weebly.com/> Email: CAS.PacPresident@sd23.bc.ca

HAPPY SPRING!!

Thank you, again, to all the students, families and staff for their amazing effort on this year's Spring Raffle. Everyone did such an amazing job and we couldn't have done it without all of you! Thank you SO much.

Congratulations to all of our winners!

Paddle Board: *Chris Ovelson* Mountain Bike: *Gord Leggatt* Fitness Basket: *Gergely Kiss*
Play Station: *John Martin* Feeling Pampered Basket: *Massimo Rizzo*
Family Fun Basket: *Jason Dawes* Health and Wellness Basket: *Fallon Spohr*
Take Care of Me Basket: *Sheldon Chorney*

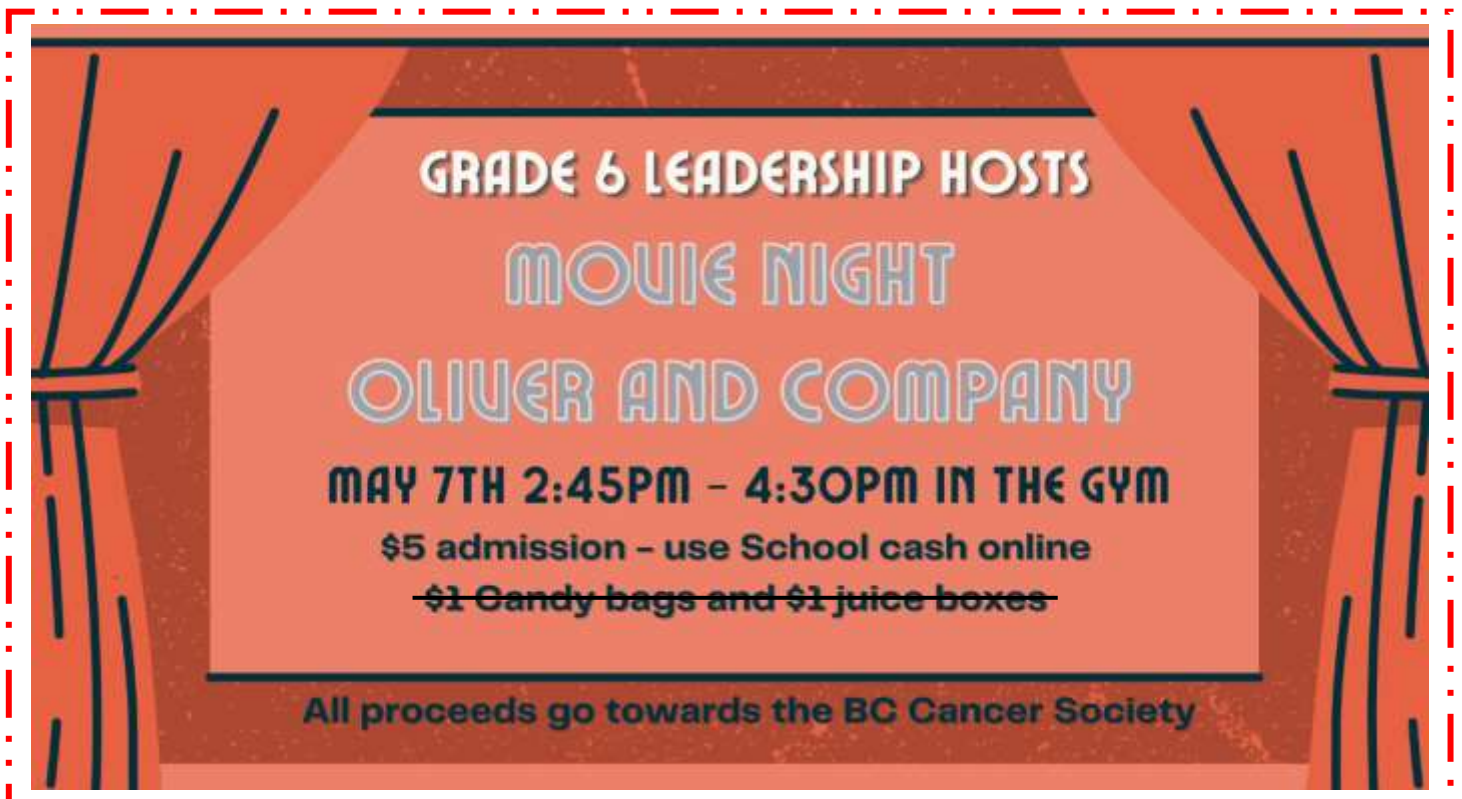
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The next and final PAC meeting is Monday, May 13th 2024, from **6:30 pm – 8:00 pm** in the Casorso Library. Childcare is provided. Proposed changes to the Bylaws are published on Casorso Weebly [École Élémentaire Casorso Elementary School PAC Website - Home \(weebly.com\)](https://casorsofamilies.weebly.com/) The Bylaw changes will be voted at the May 13th, 2024 General Meeting.
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SAVE THE DATE: Family Fun Night is on June 7th, 2024! Anyone interested in helping out with a task can e-mail cas.pacpresident@sd23.bc.ca.

“CAS – Putting Our Paws Together To Make A Difference!”

PLEASE SEE BROCHURES BELOW FOR ADDITIONAL INFORMATION FOR:

1. Grade 6 Movie Night: OLIVER & COMPANY - POSTER
2. Casorso PAC Spring Raffle - Thank You LETTER to Sponsors
3. Casorso Social Emotional Learning - MAY 2024 NEWSLETTER
4. Central Okanagan Public Schools: Partners for Inclusive Education - POSTER
5. Indigenous Education Council - LETTER to Families
6. Central Okanagan Public Schools 2024 - 2025 Registration Information - POSTER
7. Royal Soccer Club Summer Soccer Programs - POSTER
8. Kelowna Springboard Diving Club - Spring Session - POSTER
9. Central Okanagan Public Schools Bus Transportation Application - POSTER



Thank you.

Casorso PAC would like to thank the businesses and individuals below for donating prizes or money to this year's Spring Raffle. It is their generosity that helps all Casorso students enjoy an elevated learning experience at our wonderful school, so please take a look at this list and patronize them whenever possible!

CASH DONATIONS

Jesse East - YLW Realtors
Kelowna Oral & Facial Surgery-Dr. Scott
Martyna and Dr. Dordon Wong
Mark Hetherington PREC* Stilhavn Real Estate
Services
DK Railings
The Lozie Family
Carolina Restrepo
Johnny

PRIZE DONATIONS

NeuMovement Pilates & Physio
Dr. Dianne Burrows- Interior Dermatology
Center
Dr Janna Bentley- Lakeshore Vein & Aesthetics
Clinic
Dr. Sandy Crocker - Dentist
CanSkate: Kelowna skating club
Jen Williamson, Nyrose & Associates, Remax
Kelowna
The Womens Place- Ashley Munro
OrangeTheory Fitness
Kumon Kelowna
Fox Traffic Control
Glow Anti Aging Kelowna
Fresh Air
Edyta Cote
Shore Dental
Kinetic Evolution
Anita McFarlane
Taylor Morrice

Hypnotic Lashes -Tara Henderson
Freddy Dane
T-Bones Kelowna
Mark Nonis- Kelowna Falcons
Mucho Burrito- Vic Singh
Kelowna Bootcamp
Dare To Dream
Inner Balance Energy Healing - Connor
Hargreaves
Her Home Bakes
Illichman's Meats, Sausages & Gourmet Foods
Train Station Pub
Mid-Town Station Kitchen and Drink
Kelly O'Bryan's Restaurant
Scandia
Karat Chocolate- Amanda Murray- Helman
WETS Kelowna
Epicure GC- Sandy Williams
ReFILL Kelowna
Sucre Salon Kelowna
Angie Szerepi
Her Home Bakes
Jugo Juice (inside H2O)
Freshbox
Boston Pizza Downtown Location
Impower Life- Kevin and Marianne Boctor
Saje Kelowna
Global Fitness
Kristy Keus- Personal Trainer
Tim Hortons
Erica Jane Restaurant
Vanessa Graham- Remax Kelowna



FROM THE COYOTE DEN - MAY NEWSLETTER

Connecting Social Emotional Learning
from École Élémentaire Casorso Elementary to Home



Did you know...

May 6th-12th is Mental Health Week. The focus this year is "COMPASSION".

We can all be kind and caring, and it can really help others. Mental Health Week this year is all about how being caring can make a big difference. In a world where there's a lot of pain, we want to remind everyone that being kind is just a natural part of who we are. #compassionconnects

Social Emotional Learning

Even though Social and Emotional Learning and mental health are different, SEL can help improve mental health in several ways. It does this by encouraging good relationships, safe environments where emotions are respected, and teaching important skills. These things help protect against mental health problems. So, SEL is really important for students' mental health and well-being. It helps them feel better about themselves and others, and it can reduce feelings of stress and risky behavior. SEL should be part of a bigger plan for supporting mental health, including things like promoting good mental health, stopping problems before they start, stepping in early if there are issues, and providing treatment if needed.



In May, our theme at school is
"MENTAL HEALTH AWARENESS".

Self-Care & Mental Health

Tips for Kids

- Share your own **feelings** to encourage self-awareness.
- Set aside time for **low stress** or solo activities.
- Find social groups that help them feel like they **belong**.
- Recognize **toxic** stress events.
- Encourage **journaling** and writing.
- Focus on articulating **feelings**: "I am angry," "I am sad."
- Practice self-care for **yourself** to set the standard.
- Teach them **healthy** coping skills.
- Cultivate a **variety** of hobbies and interests.
- Help them create a self-care **routine**.

Check it out!

The Family Connection Centre is offering a number of Caregiver Workshops this Spring.

May 11 - Understanding the "Why" Behind Concerning Behaviours

May 25 - Using Positive Replacement Behaviours to Decrease Concerning Behaviours

To sign up for one of these workshops, click on the link below:

<https://www.eventbrite.ca/o/kelowna-fcc-behaviour-services-71800901523>



Partners for inclusive Education (PIE) is a welcoming online space committed to supporting parents/guardians to learn more about the how students with neurodiversity, disability, support needs and/or diverse abilities are supported in their neighborhood school.

PIE is a space where parents/guardians, staff and community come together as partners to champion inclusive education by learning and supporting each other as we navigate the school years together. We connect virtually five times a year offering workshops, speakers, and opportunities to connect with other parents/guardians.

The purpose of Partners for Inclusive Education can be found on the School District website under Parent Resources

Next Event Date:

The next Partners for Inclusive Education meeting is scheduled for:

Date: May 13, 2024

Time: 6:00 pm

Topic: SD 23 Accessibility Plan (update). Inclusive Education update and Competency Based IEPs.

Year End Celebration

Location: Zoom: <https://sd23.zoom.us/j/8569391842>



Way' Indigenous Parents, Family Members, and Caregivers,

The Central Okanagan Public Schools' **Indigenous Education Council** is seeking two (2) interested Indigenous parents, family members, or caregivers to serve as members of the Indigenous Education Council (IEC) and support the restart of the Indigenous Parent and Family Council.

For context, the First Nations Education Steering Committee (FNESC) and the Ministry of Education and Childcare have introduced new legislation (Bill 40), which includes the requirement for public school boards to establish an **Indigenous Education Council (IEC)** in their respective school districts. In the Central Okanagan, we are pleased to share that the IEC has been a functioning and productive Council since 2003.

The current IEC is comprised of representation from Westbank First Nation, Okanagan Indian Band, Kelowna Metis Society, Ki-Low-Na Friendship Centre, and Lake Country Native Association. For many years, two Indigenous parent representatives have been a part of the IEC. Since COVID, there has not been an Indigenous parent representative on the IEC. The voices of parents, family members and caregivers are important and needed on this Council. The Council, currently chaired by Westbank First Nation Councilor, Jordan Coble, and co-chaired by Westbank First Nation Youth and Recreation Manager, Nicole Werstuik, meets approximately 7-8 times per year, during the day. Typically, meetings are 2-4 hours in length. Additional meetings may be scheduled as necessary to carry out the Council's responsibilities. The Elder representative and the Indigenous parent, family member, or caregiver representative receives a \$200.00 honourarium per meeting.

The Indigenous Education Council advocates for Indigenous interests in the design, implementation, and assessment of educational programs and services that will improve the school experience and academic achievement of Indigenous students (K-12). The Council is committed to setting the conditions for each Indigenous learner to thrive, holistically ~ academically, emotionally, spiritually, and physically.

IEC members cannot be employees of Central Okanagan Public Schools.

Indigenous parent, family, or caregiver representatives on the Indigenous Education Council will also support the restart of the District's **Indigenous Parent and Family Council** by encouraging Indigenous parents to participate in monthly evening meetings 6-8 times per year. Although honourariums are not provided for Indigenous Parent and Family Council meetings, there is a budget to support meeting expenses.

To express interest in serving as a Parent, Family, or Caregiver representative on the Indigenous Education Council, please complete the survey found here [IEC SURVEY](#).

For more information, please contact Jesse Bruce @ jesse.bruce@sd23.bc.ca.

Sincerely,

Ann Bell, Indigenous Education Council - representative for Lake Country Native Association
Jesse Bruce, Director of Instruction - Indigenous Education and Equity



Central Okanagan
Public Schools

Together We Learn

French Immersion Kindergarten
Informational Session:
Tuesday, January 16, 2024
@ 6:00-7:00 pm
sd23.org/french-immersion-session

**ONLINE APPLICATION for STUDENT ENROLLMENT begins on
Monday, January 29, 2024, at 7:00 am for 2024 - 2025 School Year**
(for kindergarten, new students, and Programs of Choice for K – 12)

Schools will be open at 7:00 am to provide telephone support to parents that require assistance.
Documentation Submission Deadline: Friday, March 15, 2024

If you are new to Canada, please contact the Welcome Centre for enrollment information at (250)470-3258

HOW TO APPLY

PLEASE NOTE: *The application process is online only. You are required to have a valid email account.*

In your web browser type: <https://enrollment.sd23.bc.ca>

No internet access? Please contact your school for assistance.

Online applications begin on Monday, January 29, 2024 at 7:00 am. Applications will be assigned a date-time stamp on a first-come, first-served basis, which will factor into a student's placement priority.

Complete the online application as early as possible, and provide the required documents listed below directly to the school in person or by email by Friday, March 15, 2024.

1. Student's Birth Certificate or other government issued proof of age and citizenship.
2. Proof of Parent/Guardian B.C. Residency
 - a. Combination BC Driver's License and Services Card (copy of both sides); or,
 - b. BC Services Card (copy of both sides) and one item from the list of supporting documentation below; or,
 - c. Proof of application for BC Medical Services Plan and one item from the list of supporting documentation below.
3. Proof of Parent/Guardian Living Address/Supporting Documentation
 - Ownership of a dwelling or long-term lease or rental of a dwelling;
 - Documentation indicating British Columbia residence (i.e. utility bill);
 - British Columbia registration of an automobile;
 - British Columbia Driver's License (copy of both sides); or,
 - A current income tax return filed as a British Columbia resident.

AFTER Thursday, August 29, 2024

New in-catchment area enrollments: Parents will be notified by a confirmation email when the school has accepted the student's application for enrollment. Board Policy 405R – Student Placement (Regulations), will be used to determine student placement and priority.

New out-of-catchment area enrollments: Parents may not be notified until after the summer enrollment period is over and all in-catchment area students have been placed.

Qualifying age: The School Act requires that a child must be five years of age by December 31, 2024, to qualify for school enrollment in September 2024. No exceptions.

For further information, please visit the School District website www.sd23.bc.ca or call (250) 860-8888.

“CAS – Putting Our Paws Together To Make A Difference!”

For over 30 years...

SOCCER DAY CAMPS

...more than just a soccer camp!

2024



Unlock
Amazing Savings
if you sign up by
June 1, 2024
DON'T MISS OUT!
* for a limited
time only

Get ready for an
unforgettable
summer
adventure!

- * July & August weeks
- * all kids aged 5 to 13

- * morning & full day sessions
- * before & after care available

Morning sessions from **\$154***
Full day sessions from **\$229***
*limited time offer, see website for details

royalsoccerclub.com

800-427-0536

For location & registration details, visit our website.

Take the Plunge

Learn to Dive with KSDC



1 meter and 3 meter springboard diving lessons for:

- Beginners
- Competitive Athletes
- Adults



Ages 5 and Up
Lessons held at the H2O Adventure +
Fitness Centre and the Rutland Family
YMCA

Email ksdc.general@gmail.com
with any questions



**Central Okanagan
Public Schools**

Together We Learn

The School Bus Transportation Application for September 2024 Opens 7:00 AM January 29, 2024

IMPORTANT

Although school bus transportation applications are accepted throughout the school year, priority seating for the 2024–2025 school year is given to those applicants who have applied before end of day on May 31, 2024

Use the link below to submit a school bus transportation application for the 2024-2025 school year.
<https://busconnect.sd23.bc.ca/application?year=2024>

Students must be registered to ride on the school bus, for detailed information regarding student eligibility for transportation please visit our website:

[http://www.sd23.bc.ca/ProgramsServices/transportation/Pages/default.aspx#/="](http://www.sd23.bc.ca/ProgramsServices/transportation/Pages/default.aspx#/=)

470R – Transportation Services Management – Guiding Principles for Transportation in Central Okanagan Public Schools.

<http://www.sd23.bc.ca/Board/Policies/Section%204%20%20Students/470R.pdf>

!!STOP!!

**For RED FLASHING LIGHTS
IT'S THE LAW**



Safety is everyone's responsibility

“CAS – Putting Our Paws Together To Make A Difference!”