



Metis Community Services Society of BC



# Metis Community Talking Circle

Talking Circle will be held every last Thursday of each month



Thurs., April 27th, 2017  
6:00pm

Led by Elder Winston Wuttunee  
201-2949 Pandosy Street



Based on values of sharing, respect and honor, the Talking Circle is one way for Indigenous people to communicate about life events. Explore heritage, relationships, challenges, stresses, and strengths while being attentive and offering support to others. Each person speaks in turn, as much or as little as he or she desires to share, often while holding a feather or other object that is passed along from person to person.

*Conversations in the Talking Circle are to be held in complete confidence, and not to be taken from the circle.*

Join us to continue your own healing journey